

Ashwell Primary School

Physical Education Curriculum

Intent - Implementation - Impact



INTENT: Why do we teach what we teach?	IMPLEMENTATION: How do we teach it?	IMPACT: What has been the impact and how do we know?
<p>Our PE curriculum intends to:</p> <ul style="list-style-type: none"> ✓ Develop children’s confidence and competence to move in a wide range of physical activities. ✓ Promote and educate children to lead long term, healthy and active lifestyles. ✓ Provide children with high quality PE and sport provision that is inclusive for all, with opportunities to represent the school in clubs and competitive sport. ✓ Inspire, engage and nurture all children to love sport and enjoy taking part, both independently and through teamwork. ✓ Support children to become resilient and reflective, whilst striving for their personal best and portraying good sportsmanship. ✓ Celebrate others sporting successes and achievements with maturity. ✓ Develop positive mind-sets enabling children to leave primary school with the capabilities to grow and be successful in their sporting challenges and active lifestyles. ✓ Teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed lifelong values. 	<p>Our curriculum for PE is implemented by:</p> <ul style="list-style-type: none"> ✓ Providing challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall activities, striking and fielding events, gymnastics, dance and swimming. ✓ Ensuring that the requirements of the National Curriculum and the EYFS Framework are met. ✓ Delivering two high quality PE lessons each week, covering two sporting disciplines every half term. In addition, children are encouraged to participate in the varied range of extra-curricular activities at lunch times and after school. ✓ Running both inter and intra competitions with schools from across the district. ✓ Running workshops covering a variety of sports throughout the year, providing an opportunity to develop, improve their fitness and to try something new. ✓ Children participate in the ‘Daily Mile’ to help meet the government target of all children being active for at least 60 minutes a day. ✓ Children in Year 4 swim once a week for 10 weeks in the Autumn Term. 	<p>The impact of PE lessons at Ashwell School will be seen through:</p> <ul style="list-style-type: none"> ✓ Children taking responsibility for their own health and fitness. ✓ Children using necessary skills and showing a love for both competitive and non-competitive sport. ✓ Children who grow up to live happy and healthy lives, utilising the skills and knowledge acquired through PE. ✓ Children showing a willingness and ability to try new things, push themselves and persevere. ✓ Children showing a high level of engagement and enthusiasm to participate in PE and physical activity.