

Baldock Partnership of Schools

Useful contacts/helplines

Family Lives

Confidential helpline

Call our free and confidential helpline for support

Family Lives offers a confidential and free* helpline service for families in England and Wales (previously known as Parentline). Please call us on **0808 800 2222** for emotional support, information, advice and guidance on any aspect of parenting and family life. Our helpline service is open 9am – 9pm, Monday to Friday and 10am – 3pm Saturday and Sunday. For callers from Scotland, Children 1st run Parentline Scotland and you may wish to contact them on 08000 28 22 33 Monday to Friday from 9am - 9pm. **To find out more about how we will use your data if you contact us, please see our [privacy notice](#).**

Email support

Our lines do get very busy, if you are unable to get through, you may want to email us for support, advice and information. **Please email us at askus@familylives.org.uk. We aim to respond within 24 hours, Monday to Friday.**

Hertfordshire children's Services

Telephone: 03001234043 (24 hours a day)

Safer places – Domestic abuse support services

Safer Places is an independent charity which provides a comprehensive range of services to adults and children affected by all forms of Domestic Abuse.

Telephone: 03301 025811 – 24 hours a day

Email: info@saferplaces.co.uk

SADA Domestic Abuse Service (Stevenage)

If you are experiencing domestic abuse, the SADA Domestic Abuse service can support you.

A dedicated Abuse Liaison Worker can offer you support in a wide range of areas, or signpost you to those who can, including:

- Accessing legal advice
- Emotional support for you or your family
- Debt and benefits advice
- Housing/tenancy issues
- Putting additional security features in the home
- Referrals to other agencies who can help

Telephone - 01438 242 666

Families first portal

Directory of services for families, including parenting, SEN, health, money

<https://www.hertfordshire.gov.uk/microsites/families-first/families-first.aspx>

Citizens Advice are open to help on phone, email and soon web chat.

Telephone: 03444 111 444 – 10am – 4pm Monday to Friday Website:
<https://www.northhertscab.org.uk/>

For benefit appeals and relationship breakdown
<https://www.advicenow.org.uk/advicenow-guides>

All things money
<https://www.moneyadvice.service.org.uk/en/articles/free-printed-guides>

Universal Credit

Help to make first application, they will check to make sure UC is the best benefit for the client

<https://www.citizensadvice.org.uk/about-us/contact-us/contact-us/help-to-claim/> **Phone: 0800 144 8 444**

To Claim

<https://www.universal-credit.service.gov.uk/postcode-checker>

To sign in to you UC account

<https://www.universal-credit.service.gov.uk/sign-in>

For more info

<https://www.citizensadvice.org.uk/benefits/universal-credit/>
<https://www.gov.uk/universal-credit>

Virus Information

<https://www.citizensadvice.org.uk/health/coronavirus-what-it-means-for-you/>
<https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response>

Housing and Homelessness

<https://england.shelter.org.uk/>
<https://www.hyh.org.uk/>
<https://www.north-herts.gov.uk/home/housing/housing-advice-and-homelessness-support/homelessness>

Small business support

<https://wenta.co.uk/business-advice/>

Business in general

<https://www.acas.org.uk/>

Employment/financial related matters related to coronavirus

<https://www.gov.uk/government/publications/guidance-to-employers-and-businesses-about-covid-19>

<https://www.gov.uk/government/publications/guidance-to-employers-and-businesses-about-covid-19/covid-19-guidance-for-employees>

<https://www.understandinguniversalcredit.gov.uk/coronavirus/>

Talking to your child about Coronavirus

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/talking-with-children.html>

<https://youngminds.org.uk/blog/what-to-do-if-you-re-anxious-about-coronavirus/>

<https://usevisualstrategies.com/autism-coronavirus-helping-students-understand/>

FREE online education resources

**A non-exhaustive list that might help those affected by school closures due to coronavirus, compiled by home educators.
Feel free to share.**

Khan Academy

<https://www.khanacademy.org>

Especially good for maths and computing for all ages but other subjects at Secondary level. Note this uses the U.S. grade system but it's mostly common material.

BBC Learning

<http://www.bbc.co.uk/learning/coursesearch/>

This site is old and no longer updated and yet there's so much still available, from language learning to BBC Bitesize for revision. No TV licence required except for content on BBC iPlayer.

Futurelearn

<https://www.futurelearn.com>

Free to access 100s of courses, only pay to upgrade if you need a certificate in your name (own account from age 14+ but younger learners can use a parent account).

Seneca

<https://www.senecalearning.com>

For those revising at GCSE or A level. Tons of free revision content. Paid access to higher level material.

Openlearn

<https://www.open.edu/openlearn/>

Free taster courses aimed at those considering Open University but everyone can access it. Adult level, but some e.g. nature and environment courses could well be of interest to young people.

Blockly

<https://blockly.games>

Learn computer programming skills - fun and free.

Scratch

<https://scratch.mit.edu/explore/projects/games/>

Creative computer programming

Ted Ed

<https://ed.ted.com>

All sorts of engaging educational videos

National Geographic Kids

<https://www.natgeokids.com/uk/>

Activities and quizzes for younger kids.

Duolingo

<https://www.duolingo.com>

Learn languages for free. Web or app.

Mystery Science

<https://mysteryscience.com>

Free science lessons

The Kids Should See This

<https://thekidshoudseethis.com>

Wide range of cool educational videos

Crash Course

<https://thecrashcourse.com>

You Tube videos on many subjects

Crash Course Kids

<https://m.youtube.com/user/crashcoursekids>

As above for a younger audience

Crest Awards

<https://www.crestawards.org>

Science awards you can complete from home.

iDEA Awards

<https://idea.org.uk>

Digital enterprise award scheme you can complete online.

Paw Print Badges

<https://www.pawprintbadges.co.uk>

Free challenge packs and other downloads. Many activities can be completed indoors. Badges cost but are optional.

Tinkercad

<https://www.tinkercad.com>

All kinds of making.

Prodigy Maths

<https://www.prodigygame.com>

Is in U.S. grades, but good for UK Primary age.

Cbeebies Radio

<https://www.bbc.co.uk/cbeebies/radio>

Listening activities for the younger ones.

Nature Detectives

<https://naturedetectives.woodlandtrust.org.uk/naturedetectives/>

A lot of these can be done in a garden, or if you can get to a remote forest location!

British Council

<https://www.britishcouncil.org/school-resources/find>

Resources for English language learning

Oxford Owl for Home

<https://www.oxfordowl.co.uk/for-home/>

Lots of free resources for Primary age

Big History Project

<https://www.bighistoryproject.com/home>

Aimed at Secondary age. Multi disciplinary activities.

Geography Games

<https://world-geography-games.com/world.html>

Geography gaming!

Blue Peter Badges

<https://www.bbc.co.uk/cbbc/joinin/about-blue-peter-badges>

If you have a stamp and a nearby post box.

The Artful Parent

<https://www.facebook.com/artfulparent/>

Good, free art activities

Red Ted Art

<https://www.redtedart.com>

Easy arts and crafts for little ones

The Imagination Tree

<https://theimaginationtree.com>

Creative art and craft activities for the very youngest.

Toy Theater

<https://toytheater.com/>

Educational online games

DK Find Out

<https://www.dkfindout.com/uk/?fbclid=IwAR2wJdpSJSelTf4do6aPhff8A3tAktnmpaxgZbkgudD49I71ep8-sjXmrac>

Activities and quizzes

Twinkl

<https://www.twinkl.co.uk>

This is more for printouts, and usually at a fee, but they are offering a month of free access to parents in the event of school closures.

