



# Ashwell School

## Sex and Relationships Education Policy

The staff and Governors agree that sex and relationships education (SRE) forms an integral part of the curriculum of the school, particularly the science, citizenship, personal, social and health (PSHE) programmes of study, and relates to child protection. It is essential to the personal and social development of a whole individual.

### Aims

The aims and objectives of sex and relationships education in the school are as follows:

1. To develop pupils' understanding and knowledge to help make them informed decisions.
2. To provide a supportive learning environment in which pupils can develop their feelings of self-worth and confidence, especially in relationship to others.
3. To explore what pupils know, understand, think and feel, and to identify their needs.
4. To understand the value of family life, the implications of parenthood and the needs of the very young.
5. To provide constant reassurance that change is part of the life cycle and to give help in adjusting to these changes.
6. To enable pupils to accept variation in rates of growth and development (physical, emotional, social) and in the ages when puberty commences.
7. To encourage unembarrassed acceptance of sexuality by providing appropriate vocabulary for all parts of the body and encouraging positive attitudes to all bodily processes.
8. To generate an atmosphere where questions and discussion on sexual matters can take place without embarrassment.
9. To reduce prejudice and discrimination arising from issues linked to sexuality.
10. To ensure pupils know where to go for help or advice.

Schools can do much to dispel myths, reduce fear and anxiety and clarify children's understanding. In every age group children's questions on this subject will be answered openly and honestly, taking into account the child's age and ability to understand.

### Partnership with Parents and Carers

Most of a pupil's informal sex and relationships education occurs within the family. The school's programme will complement and build upon this background, in co-operation with parents and carers. This policy is available on the school website for parents to read.

Parents and carers have the right to withdraw their children from some or all SRE lessons but not from statutory science lessons. If parents or carers wish to withdraw a child they need to have a discussion with the headteacher, so that s/he can be made aware of the

reasons and provide alternative arrangements. They will then have a responsibility to provide alternative sex and relationships education.

## **Moral Framework**

Our sex and relationships education programme is taught in a context where the importance of healthy life-styles and the development of good relationships form part of the on-going work of the school, using a variety of formal and informal strategies. This approach helps the children to develop their self-esteem and emotional well-being, and to form and maintain worthwhile, satisfying and responsible relationships, based on respect for themselves and other people.

## **Inclusion**

In our school we value diversity and encourage respect for differences. We have a commitment to ensure that our programme is relevant to all pupils and is taught in a way which takes full account of their age, faith, culture and family background.

## **Organisation**

Sex and relationships education forms part of our National Curriculum Science programme, and some aspects are taught in Personal Social and Health Education and Citizenship lessons (PSHCE), and may also be covered in English and RE lessons. If any external visitor (e.g. school nurse) is to be involved in the delivery of our sex and relationships programme, the headteacher will make sure that (s)he is familiar with our policy and expectations.

Sex and relationships education is part of the curriculum of every year group in the school, with the appropriate knowledge and skills introduced progressively as children mature. A range of teaching materials are used, including short films (see Appendix 1). These materials are supported up by discussion and other work in the classroom. Where children are taught in mixed age classes, SRE is taught separately to each year group, and pupils are shown the appropriate film for their year group. If parents wish to preview the films in school, they are welcome to make a mutually convenient time to do so.

## **Monitoring**

The Science and PSHCE subject leaders monitor teaching and learning in SRE. When they think it necessary, they will include a comment on the implementation and impact of SRE in their self-evaluation reports to the headteacher and the curriculum committee of the Governors. The Governors will continue to monitor the implementation of this policy, which, like other policies, is reviewed on a cyclical basis.

Updated: Mar 2015

Date for review: Mar 2019

# Appendix 1

## SEX AND RELATIONSHIPS: short films used as teaching resources

These films were originally produced by the DfE organisation 'Teachers TV', (which has since been disbanded) and are stored on our school computer network.

- **All About Us – How Did I get Here?** **Y1**  
A simple explanation of conception (5-7yr olds)
- **All About Us – Differences** **Y2**  
Introducing five to seven year olds to basic sexual knowledge (5-7yr olds)
- **All About Us – Growing Up** **Y3**  
Focus on sexual development (5-7 yr olds)
- **All About Us – Changes** **Y4**  
Examining body changes (7-9yr olds)
- **All About Us – How Babies Are Made** **Y5**  
Focus on sexual intercourse (7-9yr olds)
- **All About Us – How Babies Are Born** **Y5**  
Focus on human birth (7-9yr olds)
- **All About Us – Living and Growing -Girl Talk** **Y6**  
How girls talk about sex. (9-11yr olds, both sexes)
- **All About Us –Living and Growing – Boy Talk** **Y6**  
A programme to help pupils face puberty with confidence (9-11yr olds, both sexes)